

🌀 Lunch Specials 🌀

served daily from 11AM till 4PM

CHICKEN KABAB... \$6.75 SIRLOIN STEAK... \$7.95
 LAMB SHANKS... \$7.95 SHRIMP KABAB ... \$7.95
 GRILLED SALMON... \$7.50 KAFTA KABAB... \$7.95

ABOVE ITEMS ARE SERVED WITH RICE PILAF, SALAD AND BEANS

KIBBY \$7.95
layers of minced meat, cracked wheat and spices, served with yogurt

GRAPE LEAVES VEGETARIAN OR MEAT \$6.95
stuffed with rice, tomatoes and spices, served with yogurt

🌀 Vegetarian 🌀

BEANS AND RICE \$5.95

MAKLOUTA \$6.95
bean stew served with salad

MJUDRA \$6.95
lentil stew served with salad

PUMPKIN KIBBY \$7.25
layers of ground pumpkin, cracked wheat, onion and spices served with yogurt and a salad garnish

GRILLED TOFU KABAB \$6.50
served with rice pilaf, salad and beans

🌀 Brunch 🌀

QUICHE \$7.50
spinach, tomatoes, onions, and feta cheese

PANCAKES		WAFFLES	
PLAIN	\$5.50	PLAIN	\$5.50
FRESH FRUIT	\$6.50	FRESH FRUIT ...	\$6.50
CHOCOLATE CHIP ..	\$6.25		
FRUIT SALAD ...		\$5.00	

THE CONSUMPTION OF RAW OR UNDERCOOKED FOOD MAY LEAD TO ILLNESS CAUSED BY FOOD BORN BACTERIA.
 PLEASE INFORM YOUR SERVER OF ALL FOOD ALLERGIES.



we offer:

RESTAURANT AND BAR - OPEN 7 DAYS A WEEK
 BANDS / DJs / BELLY DANCING
 FREE WI-FI
 LOCAL VISUAL ARTISTS-FEATURE YEAR LONG
 LUNCHEON / BANQUETS / MEETINGS
 PRIVATE FUNCTION ROOMS
 CATERING

...AND MORE!

Please visit us at mideastclub.com

We're famous for our live bands and Middle Eastern cuisine but we also offer a variety of rooms to fit your needs!

We'll host small family events to large corporate functions, from 5 to 500!

Feel free to contact us at:
 617-864-EAST (3278) ext. 234

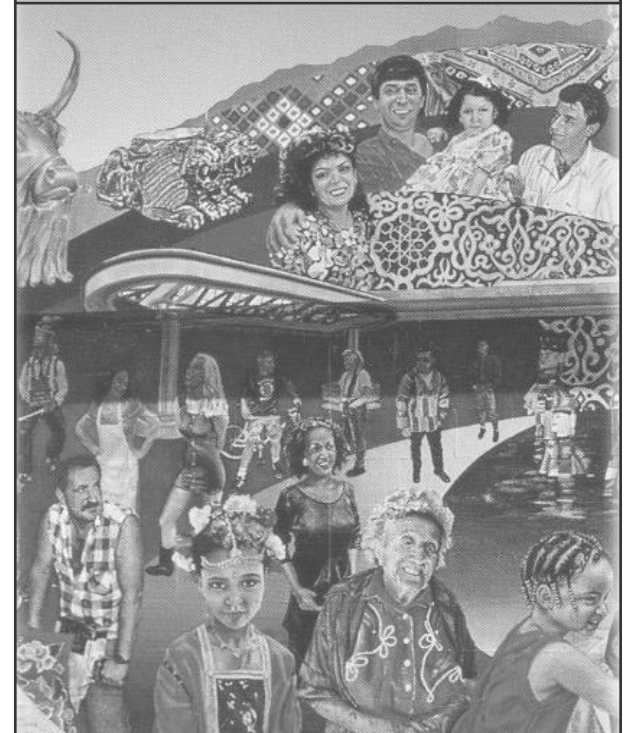
The Middle East Restaurant
 ATTN: Catering
 472-480 Mass. Ave
 Cambridge, MA 02139
catering@mideastclub.com



OPEN DAILY
 SUN - WED 11AM - 1AM
 THU - SAT 11AM - 2AM
 KITCHEN OPEN TILL MIDNIGHT

TAKE-OUT AVAILABLE
 ONLINE OR BY CALLING
(617) 864-EAST

472 & 480 MASS AVE. • CAMBRIDGE, MA 02139
WWW.MIDEASTCLUB.COM



Appetizers

HOOMIS	\$5.25
<i>cooked chickpeas blended with sesame puree, spices and lemon juice</i>	
BABA GHANOOJ	\$5.95
<i>smoked eggplant blended with sesame puree, spices and lemon juice</i>	
TABOULY	\$5.95
<i>parsley, mint, tomatoes, cracked wheat and spices</i>	
FALAFEL	\$5.25
<i>ground fava beans and parsley blended with a variety of spices and served with tahini sauce</i>	
GRAPE LEAVES	\$5.95
<i>stuffed with ground meat and spices</i>	
VEGETARIAN GRAPE LEAVES	\$5.95
<i>stuffed with rice, tomato, parsley and a touch of lemon</i>	
FOOL M'DAMMAS	\$5.50
<i>fava beans, chickpeas and diced tomatoes simmered with spices</i>	
SPINACH PIE	\$4.25
<i>spinach, feta cheese, diced onions and spices</i>	
OLIVE PLATE	\$3.25
COLD COMBINATION	\$10.50
<i>tabouly, hoomis and baba ghanooj</i>	

MIDDLE EASTERN SALAD ..	SM \$3.25	LG \$5.50
<i>lettuce, onions, cucumbers, green peppers, tomatoes and mint. served with your choice of middle eastern dressing, tahini, ranch or oil and vinegar.</i>		
	ADD FETA	\$0.95

Sandwiches

all sandwiches are served in a rolled pita stuffed with lettuce, tomatoes and tahini dressing. Burgers are served with French Fries

FALAFEL ...	\$4.99	HOMEMADE VEGGIE BURGER ...	\$6.25
TOFU SANDWICH ...	\$4.99	CHICKEN ...	\$5.95
1/2LB HAMBURGER	\$6.95	1/2LB CHEESEBURGER	\$7.25
KAFTA ...	\$6.50	CHICKEN OR BEEF SHAWARMA *	\$6.25
<i>*chicken & beef shawarma are marinated and served with parsley and onions</i>			

Homemade Soup

Chicken, Vegetable or Lentil

Cup: \$3.95 Bowl: \$4.50

★ ALL VEGETARIAN SELECTIONS ARE VEGAN
EXCEPT FOR YOGURT AND SPINACH PIE

Entrees

Kababs

Charcoal grilled selections served with grilled tomatoes, onions and peppers. served over rice pilaf with salad and beans

TOFU ...	\$9.95	CHICKEN ...	\$10.25
BEEF ...	\$10.50	SHRIMP ...	\$11.25
TUNA ...	\$11.25	SALMON ...	\$11.25
KAFTA ...	\$11.25	LAMB ...	\$12.25

Cous Cous

Mediterranean Caserole combining a variety of vegetables, chickpeas, exotic spices and caramelized onions

TOFU ...	\$10.95	CHICKEN ...	\$11.25
BEEF ...	\$11.50	SHRIMP ...	\$12.25
TUNA ...	\$12.25	SALMON ...	\$12.25
KAFTA ...	\$12.25	LAMB SHANK ...	\$12.25

Other Specialties

YABRAK	\$11.25
<i>rolled grape leaves stuffed with rice, ground meat and spices, served with yogurt</i>	
LAMB SHANK AND STRING BEANS	\$12.25
<i>braised lamb shank over string beans, cooked in tomatoes, onions and spices, served with rice pilaf</i>	
KIBBY	\$11.25
<i>layers of minced meat, cracked wheat and seasonings, served with yogurt and salad garnish</i>	
KIBBY LABANIEH	\$11.95
<i>kibby served with rice pilaf topped with yogurt sauce</i>	

SHEIKIL MIHSHI	\$12.25
<i>baked eggplant stuffed with chopped meat, caramelized onions and spices in a tomato sauce, served with rice pilaf</i>	

STEAK (12 OZ)	\$14.00
<i>12oz choice sirloin steak, charcoal grilled to order, served with grilled vegetables, rice pilaf, salad garnish and beans</i>	

Side Orders

HOMEMADE YOGURT	(SM)\$1.25 (LG)\$2.50
HOMEMADE HARISA (HOT SAUCE)	\$2.25
WHIPPED GARLIC	\$2.95
FRENCH FRIES	\$3.75
RICE PILAF	\$3.25
GRILLED VEGETABLES	\$3.75
FETA CHEESE	\$1.95

MA & LOCAL TAX 7%

Grilled Salads

*A variety of charcoal grilled favorites served over salad
Served with your choice of middle eastern dressing,
tahini, ranch or oil and vinegar*

TOFU ...	\$8.95	CHICKEN ...	\$9.25
BEEF ...	\$9.50	SHRIMP ...	\$10.25
TUNA ...	\$10.25	SALMON ...	\$10.25
KAFTA ...	\$10.50	LAMB ...	\$11.25

Vegetarian Entrees

MJUDRA	\$8.50
<i>lentil stew cooked with onion and spices</i>	
MIDDLE EASTERN GREEN BEANS	\$9.25
<i>green beans cooked with tomatoes, onions and spices served with rice pilaf</i>	
MIDDLE EASTERN COUSCOUS	\$8.25
<i>served with chickpeas, caramelized onions and vegetables</i>	
PUMPKIN KIBBY	\$9.25
<i>layers of ground pumpkin, cracked wheat, onions and spices</i>	
PUMPKIN KIBBY LABANIEH	\$10.50
<i>pumpkin kibby and rice pilaf topped with yogurt sauce</i>	
MAKLOUTA	\$9.25
<i>bean stew with kidney, soy and string beans as well as lentils and onions</i>	
MSAAH	\$9.75
<i>baked eggplant with caramelized onions, tomatoes, chickpeas and red sauce, served with rice pilaf</i>	
VEGETARIAN YABRAK	\$9.50
<i>rolled grape leaves stuffed with rice, tomatoes and spices, served with a side of yogurt</i>	
BEANS AND RICE	\$6.50

Desserts

BAKLAVA (VEGAN)	\$2.95
CHOCOLATE BAKLAVA	\$2.95
CHOCOLATE CAKE	\$4.95
CHEESE CAKE	\$3.95
FLAN	\$4.25
RICE PUDDING	\$3.75
NAMURA (HONEY CAKE)	\$2.95
CARROT CAKE	\$3.50